

Issue 3 • October 4, 2014

# Premier

## MAGAZINE





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**BU17 SANTA MONICA UNITED BLUE**

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**GU14 IE SURF SMALL**

**GU15 CARLSBAD LIGHTNING ELITE**

**GU16 UIFC LIVERPOOL**

**GU17 LA PREMIER FC**

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## About the National Premier Leagues (NPL)

The NPL was created to elevate and change the competitive youth soccer landscape by extending developmental principles espoused by U.S. Soccer into more age groups and clubs, by linking competition with player development and identification platforms, and by providing meaningful competition culminating in the NPL Finals.

NPLs are independent leagues through the country, unified under one national competition platform, and based on a common technical framework designed to improve long-term player development. The NPL provides a platform:

- focused on long-term player development;
- for the country's top soccer clubs, allowing consistent, meaningful high-level games appropriately scheduled with higher training-to-game ratios;
- that allows players to be scouted and evaluated by U.S. Soccer National Staff and Technical Advisors;
- that is designed and structured by the clubs, based on the needs of the clubs; and
- that provides an avenue for qualification for the NPL Finals.

The Southern California NPL selects elite youth CSL soccer clubs in Southern California as well as a few individually CSL selected teams to participate in up to 3 showcase events with the winner playing in the NATIONAL PREMIER LEAGUE CHAMPIONSHIPS held in July 2015. The 3 showcase events referred to above will also host 2 or 3 clubs from other states to enhance the variety of the competition.

For more information on the Southern California NPL please visit the website at [www.socalnpl.com](http://www.socalnpl.com) or email us at [director@socalnpl.com](mailto:director@socalnpl.com).

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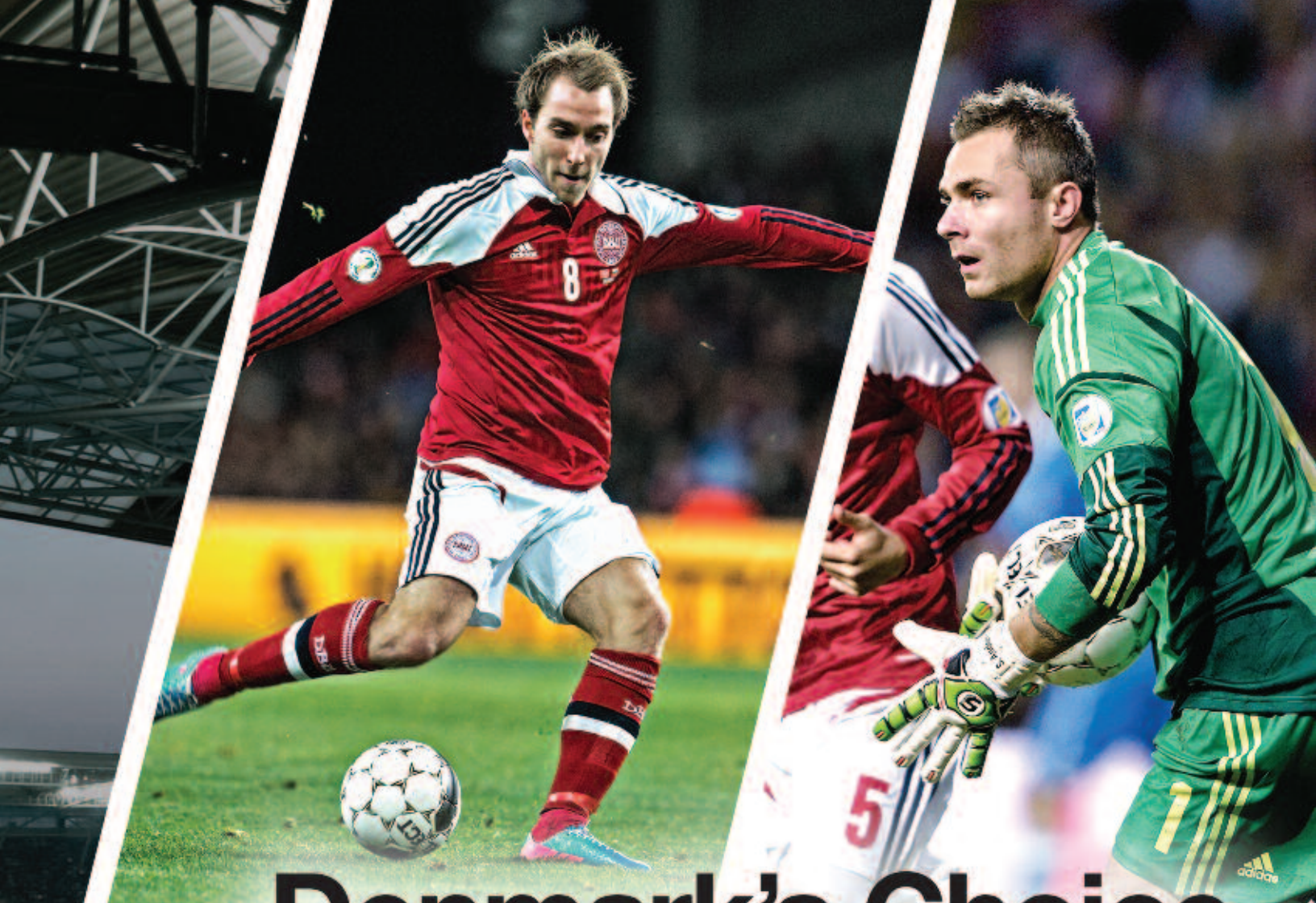
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# Denmark's Choice

SELECT BRILLIANT SUPER





# PREMIER CHAIRMAN MESSAGE

The last two Premier Magazines covered some of the technical necessities required of the student-athletes to prepare for the rigors of seeking and obtaining an athletic scholarship. The 1st Premier Chairman Message addressed the athlete educating himself/herself as to the technical requirements of the recruiting process as well as the NCAA requirements of the Student-Athlete. The 2nd Premier Chairman Message addressed some ideas as to how the student-athlete engages in Self-Promotion. This Message is designed to once again cover the necessity of the player to engage in Self-Promotion.



A few years ago, I wrote about being approached by a manager from a BU19 team which had played in the Premier League from the age of U16. He had made an interesting observation which he wanted to pass on to me and asked that I cover the subject in one of my Premier Chairman Messages. I took his advice to heart deciding that he was correct and the subject area needed to be discussed. I wrote an article on the issue then and I believe it is timely to review the subject again now.

The manager had concluded from his own players' and parents' comments that they did not grasp the significance of their responsibility in the process of obtaining a scholarship offer from the school or schools they desire. And when some of them did finally realize that they had to play a major role in this process, it wasn't until their U19 year and they had a great deal of ground to cover in a very short period of time. They just may have been too late to grab the "Golden Ring".

Please do not let this happen to you, the player. The Player must be PROACTIVE in obtaining a scholarship.

As outlined in the earlier issues of the Premier Magazine, the last of the three (3) main areas to be discussed is regarding the player's ability to showcase his/her talents. The CSL Premier League is designed as a "Showcase Tournament" that lasts for 11 or 12 weeks. The Premier League allows the "Best of the Best" to play at one facility against each other time and time again. It was designed specifically to be a magnet to draw college coaches, ODP scouts and professional coaches to the single location to give each visiting coach the ability to observe a great many talented players on any given day. And to that end, the CSL Premier League continues to do its part in accomplishing this goal. Every year the CSL Premier League does attract college coaches, ODP Scouts and Professional Scouts. But no matter how many coaches and scouts do come to the CSL Premier Fields, it is never enough for the player to cover all of his/her bases.

So CSL has created additional avenues to showcase its players:

1st – The CSL Premier Player Profile Program. As discussed in previous Premier Magazines this year, keep your profile up to date and email the coaches you have selected your player website address and remind them every few weeks or so that you have updated it. Email them regularly and remind them of your interest in their

program and give them your league and high school schedule. Please make sure every email is a personal email (not generic) and contains information that demonstrates you know something about his/her soccer program as well as something about the school itself. Supply every coach with your League Schedule, High School Schedule and Tournament Schedules.

2nd – CSL mails the CSL Premier League Media Guide to every college coach in the United States on your behalf. When contacting a coach, refer them to the CSL Media Guide and the information contained therein about you and your team.

3rd – CSL has rented exhibitor space at the National Soccer Coaches of America Association's convention for the sole purpose of promoting CSL players. This Media Guide will be widely distributed at these conventions as reinforcement to its effort to alert all college coaches of its player's existence, qualifications and desires. CSL offers them incentives at the convention to entice them to the Premier Fields.

Should you decide to follow our suggestions, experience has proven that the player will generate interest by college coaches in his/her soccer abilities and they will find a way to scout that player. As everyone in the business world acknowledges – Perseverance pays dividends. Just as it does in the world of college soccer. ⚽



**COAST SOCCER LEAGUE  
2014 PREMIER COMMITTEE**

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CSL Player Showcase Program	..... Savraj & June Dhillon
Printer	..... Sam George of PTS Marketing Group

# REFEREE POINT OF VIEW

There are naturally a lot of areas we cannot look at or into during the few weeks that CSL Premier publishes its CSL Premier Magazine.

But Soccer's most important and exciting part does need mentioning and a visit with what really is one of the most exciting parts of soccer from everyone's perspective.

The FREE KICK is undoubtedly the most worked on, practiced and anticipated element of today's soccer. Entire games can turn on the success of one kick or they can be decided by the outcome in a minute's worth of time and energy. Referees should know this and really work at getting it right and making it go according to the LAWS OF THE GAME.

A FREE KICK occurs when a foul has been called by the referee. There are, in fact, three types of FREE KICKS. When the official makes a call for off-sides, dangerous play, illegal touch by a goalie on a ball played by a teammate or releasing the ball into play and then immediately picking it up with the hands, or playing the player and not the ball (impeding a player's progress) the proper re-start is an INDIRECT FREE KICK. The ball must be touched by two players before a goal can be scored. If the ball should go into the goal without being touched by two different players then it is either a CORNER KICK (opponents goal) or a GOAL KICK (into one's own goal). Plus, you'll know it's an IFK because the referee is to have his/her hand raised high so everyone can see it is indeed an INDIRECT FREE KICK.

A normal FREE KICK is taken when a penal foul has been committed on the field of play and outside the PENALTY AREA. A goal can be scored off a DIRECT FREE KICK. The PENALTY KICK is taken when a penal foul has been committed inside the PENALTY AREA. And, of course, a goal can be scored.

For the referee it is important to allow the kick to be taken as soon as the offended team wants it taken, as long as it is not a PENALTY KICK. Most times a team wants the ball simply put back into play as soon as possible. The referee should allow this in most areas of the field and must be wary of opponents who try to prevent it being taken by obstructing the ball, obstructing the player, kicking the ball away, or any other method opponents can come up with to delay the re-take. If the opponent prevents a re-take the referee must immediately caution the guilty player or players. Sometimes it may appear that an opponent has interfered with a free kick taken quickly. This usually happens when players taking the kick simply kick it without regard as to opponent placement. It's hard to move out of the way on some occasions when a quick kick is taken. The referee must decide quickly whether the kick is taken and whether the



player intentionally meant to impeded the kick. This can be tricky but most referees get it right.

When the FREE KICK is closer to the opponent's goal, for me 25 to 30 yards from the goal, the referee will usually make a ceremony out of moving opponents at least 10 yards from the ball in all directions. Making sure everyone knows if it a DIRECT FREE KICK or an INDIRECT FREE KICK. And, final, signaling the kick may be taken with

a whistle. Players who fail to give the 10 yard perimeter or encroach after it has been made are to be cautioned immediately. The closer to the goal this gets the more the referee must do to make sure the kick is taken properly. He/She must let the kicking team know that the kick is not to be taken until the whistle is blown. The referee must also make sure all opponents are 10 yards from the ball, not just those in line with the goal. Remember, if the referee's arm is extended upward the kick is an INDIRECT FREE KICK and a goal cannot be scored.

The PENALTY KICK is soccer's most ceremonious kick of all. When a foul is called in the opponents PENALTY AREA and the foul is against an attacking player the call must be made with earnestness and decisiveness. All the players must leave the PENALTY AREA except for the kicker and the opponent's goalie. All other players must be 10 yards from the ball, outside the PENALTY AREA, and behind the PENALTY MARK. The referee must also clearly let the players know the kick is not to be taken until the whistle is blown. The kicker must kick the ball forward and cannot play the ball again until it has been touched by another player. All players must remain outside the PENALTY AREA until the ball has been kicked. Hopefully the kicker scores a goal. If not, the ball is in play unless it goes over the end or touch lines. If the ball misses the goal and is not touched by the goalie the re-start is a GOAL KICK. If the goalie blocks it or touches it and it goes over the end line it becomes a CORNER KICK. Should players from both teams enter the PENALTY AREA before the kick is taken, the re-start is to re-take the PENALTY KICK. If players from the opponent encroach into the PENALTY AREA, the re-take is a PENALTY KICK. If the players own team members encroach into the PENALTY AREA as the kick is taken it becomes a goal kick. If they crash the PENALTY AREA before the kick is taken they must be cautioned and kick re-done.

FREE KICKS are the life blood of soccer. Outside of normal field play they are what soccer is or can be all about. Referees must take time in making sure they go right and that the goal scoring opportunity is possible. I've seen many games actually decided by a FREE KICK. It is exciting and important. It's part what makes soccer a beautiful and exciting game to play and watch, as well as officiate. ⚽

# DOWNEY FC AQUILES

In 2005, Coach Oscar Raymundo created a team for players to reach their goals and dreams. We began as Bronze BU9 and remained in bronze until they were disciplined enough to uphold the next level. In Bronze, we were lucky enough to gain an assistant coach, Israel Mendez, to help us throughout the process. Every year after BU11, we moved up a level. We were in Silver for one year and in Gold for the next year. Through hard work and dedication, we made it up to premier! We started from the bottom and we know what it is like to achieve something we want. We do not win no matter what the cost is, but we win with hard work.

Over the years, our players have created a bond with each other not only as athletes, but as a family. They strive to be the best they can be and achieve their goals. We welcome new players on to our team hoping they will strive to reach their goals as well. Our players challenge, support and encourage each other on and off the field. They are loyal, committed and passionate players and are taught to be humble, respectful and disciplined.

Our goal from the beginning, as coaches and as a



team, was to prepare them for high school soccer and eventually, college soccer. Many members of the team have not only achieved in soccer but academically as well. Our players, as seniors and juniors in high school, juggle through club soccer, high school soccer and still maintain their high GPAs. They aspire to attend college or a four-year university.

We are thankful and appreciative for the parents we have to have helped and stood by us throughout the years. As we prepare ourselves for a great season, you will see amazing talent from our forwards Carlos Maldonado, Jorge Rojas, Matthew Ochoa and Jose Guatemala; outstanding ball control from our midfielders Oskar Raymundo, Adan Torres, Carlos Garcia, Eduardo Rivera, Joel Sanchez, and David Martinez; strength from our defenders Joshua Mendez, Richard Garcia, Carlos Argueta, Esdras Obregon, Alex Reveles, William Hernandez and Hector Lomeli; and last but not least, our remarkable goalies Fabian Salazar and Jose Leon. We look forward to our first year in Premier and a great season! ⚽



# NOTTS FOREST F.C.

The Notts Forest F.C. BU14 team, coached by Erik Andersen, is very pleased to have earned a berth in the highly competitive and prestigious Coast Soccer League (CSL) Premier Division. From its inception, as a BU8 AA-A competitive league team, the core members expressed a desire to compete at the highest level available in Southern California in both tournaments and leagues. With tremendous support from the NFFC Director of Coaching David Banks, Assistant Director of Coaching and team coach Erik Andersen and unwavering dedication from the player families the team has reached the goals it set out to achieve 6 years ago.

The NFFC philosophy of emphasizing internal player development over recruiting has played a large part in the team's rise to the top level of CSL. The team core is represented by 6 of the original BU8 players with most others having been on the roster for more than 3 years. With dedication to playing the "Notts Forest Way" and hard work the boys have developed a strong understanding of the system and deep respect for true teamwork.

As a testament to the merits of the club player development approach a few players that have left the team



for greener pastures returned for tryouts sincerely giving praise to the club and coach. Those players and families fortunate enough to re-qualify for a spot on the team are now amongst the most diehard fans of NFFC and team supporters. And as fortune shines on the team a couple of high quality athletes who are also dedicated soccer

players have joined the roster significantly strengthening the team.

The last 6 months have been a watershed period for the team. Their strong National Cup performance as the bracket leader included a well-deserved victory over the highly ranked FC Golden State. The team then aspired to join the California Regional League (CRL) and earned a spot, topping the bracket in the CRL play off tournament. Following the team goal of playing in the most competitive tournaments lead to a Cerritos Memorial Day Cup semi-final game against Chivas USA where they held a 1-0 lead at half-time. The second half started with an unfortunate penalty against the NFFC team's venerable keeper leading to 1-3 loss, however with heads held high knowing that they fought competitively. The summer tournament season ended with a bang. Notts made it to the finals of the very competitive NHB Cup Labor

Day tournament. The NHB Cup served as a great segue into their first CSL Premier game which ended in a 3-0 victory for Notts.

The future is looking bright indeed for this group of hard working and talented boys. The team is a bedrock of stability and strength with its highly accomplished NFFC coach Erik Andersen and DOC David Banks. The families are proud of the boy's accomplishments thus far and are deeply appreciative of the opportunity to experience the tremendous benefits of playing in the Coast Soccer League Premier bracket. ⚽



# SANTA MONICA UNITED BLUE

The journey for the SMU B96 Blue boys from Santa Monica and other parts of LA county has seen them steadily rise through the ranks of over 150 CSL Boys teams from the starting Bronze bracket at U-9 (and winning Bronze West at U-10), to the Silver Elite bracket at U-11, to Gold at U-14 and then to Premier for BU-15, BU-16, BU-17 (League champions) and now BU-19, the only team apart from the Rangers to have competed at the Premier level since U-15. Approximately 60 boys have played for the Blues over its 10 years, and there have been four head coaches, the longest-serving and most successful being the current head coach, Arron Craggs. Matthew Glick, the team's Captain, has been with the team longest, since 2006. Only four players are left from the team's pre-teen years. "That's the nature of competitive club soccer" said Steve Glick, the team's administrator. "Some boys have been transferred to SMU's other B96 teams or to age appropriate teams, and others have moved on to other clubs or to pursue other interests."

Much has been accomplished by this team, which has set many Santa Monica United club records. For a club that will be soon celebrating its 40th anniversary, that is quite an achievement. Some of the recent Blues successes include:

- 2014 So Cal NPL BU-17 Champion and Semi-Finalist at the 2014 NPL Finals
- 2013 CSL BU-17 Premier Champion
- 2014 and 2013 NHB Cup Finalists
- 2013 Dallas Cup Finalist
- 2013 Surf College Cup Finalist
- 2013 Northern California College Showcase Champion

As important as the team's success on the field, has been what the Blues boys have achieved off the field in their academic and other pursuits. We have long said that



this is a team of true student-athletes and the early college results are showing this to be the case. Boys who are playing with the Blues now or recently graduated off the team, are playing, or committed to play, at all three levels of college soccer at the following schools: Cal Poly Pomona (Div II), Cal State Northridge (Div I), Colgate University (Div I), Colorado College (Div III), Kenyon College (Div III), UC Davis (Div I) and West Point (Div I). It is expected that over 90% of the roster will play college soccer.

The goals for the team in 2014/15 are twofold. First, to repeat as CSL Premier Champion and try to capture the championships in the CRL, Surf College Cup and National Cup, to name the key events currently on the Blues' calendar. Second, to assist all the remaining boys in finding the right academic and soccer match for college. GO BLUES!

Roster: 0 Max Watkin (GK), 1 Tyler Salem (GK), 4 Geovany Siliezar (D), 5 Daniel Green (CM), 7 Daniel Vlessing (CM), 10 Matthew Koh (FW/Winger), 11 Matthew Glick (D), 14 Christian Garcia-Esparza (CM), 15 Cole Offer (CM), 18 Zachery McGraw (D), 19 Anthony Rivera (M), 20 Lucas Kirby (CM), 21 William Van Zandt (D/CM), 22 Erick Villatoro (FW/Winger), 23 Walker Van Zandt (F), 24 Kayvon Parsa (F), 26 Justin Wright (CM/Winger), 74 Cole Fletcher (D/F) and 99 Manuel Olive (M). ⚽



# FC DERPORTIVO LOS ANGELES – PANTERAS

After several years of competing in recreational leagues, this team started participating in Coast Soccer League 5 years ago, one of the most competitive youth leagues in Southern California. Coaches Javier Ocampo & Rene Hernandez created a new Soccer Club, and we worked hard to be the first and the best club competing in this region.

The club serves young players who love soccer and are serious in their development as players. Year after year winning their brackets we reached the Premier Level. The FC Los Angeles Panteras BU15 team led and Coached by Javier Ocampo & Rene Hernandez is looking forward to their second year in this 2014 CSL Premier League.

This team has won different and Important brackets and tournaments like, CSL Bronze, Silver, Silver Elite, Gold, Spring Soccer League, Cerritos Premier Cup, Uni-



vision Cup, CFC – Swallows CUP, X-treme CUP, Toyota of Orange Summer Classic, Irvine World CUP Showcase, Anaheim CUP Champions, Rialto FC Tournament, So Cal Summer Showcase, Santa Barbara Cup, just to name a few tournaments.

There is absolutely, a deep passion for the team to succeed which is, our fuel that never runs out.

The goal for FC Los Angeles – Panteras is to continue to play at the highest level of competition while continuing to learn all aspects of the game and to keep developing players to their full potential so they can reach their maximum goals. We want to encourage and motivate our players to be disciplined not only in the game of soccer but also in their everyday lives as they continue to make decisions that will benefit their future successes. We always stress the importance of education and how both soccer and a good education go hand in hand.



As a team, we are positive we will have the pleasure and satisfaction to see some of our players playing at College, University, or Professional level and that is what fills us with pride! We also know that the coaches' and parents' dedication have made an increasingly large amount of difference in these young boys' lives being from the area that they live in so I want to thank our parents, coaches, trainers, and the players of FC Deportivo Los Angeles Panteras for all their hard work. As you can see, it really has paid off. So Let's Go Panteras!! For more information please go to [www.fclapanteras.com](http://www.fclapanteras.com). ⚽

# FRAM LAWSON

"It's not whether you get knocked down; it's whether you get up." – Vince Lombardi

**W**e are FRAM BU15 Lawson, coached by Tony Lawson, who was an All-American, and National Champion at UCLA. This is by far the most exciting year as we watch our boys change both as players and as people. This is the year where we sit on the sideline and not recognize one of our midfielders because he is six inches taller than the week before, or not recognize one of our defenders because he is now sporting a beard. The FRAM cheer that we once heard yelled by enthusiastic boys at the beginning of each game is now replaced with a deep, resonant and yes, intimidating yell because they are no longer boys, but young men.

Our team exhibits a camaraderie that we parents wish that we had enjoyed when we were younger. Our coaches work on the development of our sons as players and as people. The character that they exhibit on and off the field is just as important as the soccer skills they possess. How a team reacts to adversity is much more important than the easy win. On the field we hear encouragement between the players, never blame. Our



team maintains their composure and control as we are going bananas on the sidelines.

Our players have a work ethic that accompanies the pride that they have in their success. They learn and practice their skills and their coaches inspire them to play with heart, class and resilience. For the past 5 years, no player has been cut, as the commitment on this team goes both ways.

Some have left, some have returned and new players have been welcomed.

Our team's accomplishments are impressive, including most recently winning the championship at the North Huntington Beach (NHB) Cup. We have been recognized as one of 16 top U15 teams in the nation and will be participating in the prestigious US Youth Soccer National League in North Carolina in December and Las Vegas in March. We placed third in the California Regional League last year, were National Cup quarterfinalists, Copa Real Nike Invitational Semi-finalists and finalists in the Cerritos Memorial Challenge Cup

We are honored to be competing in Coast Soccer League's Premier League this season, and look forward to the challenge of competing with the best teams in our region. ⚽



# FC GOLDEN STATE

**F**C Golden State GU14, led by Coach Esteban Chavez, has recently had the honor of joining the CSL Premier League 2014. This team has not only had a great history of wins together this year (1st place in Carlsbad Cup and SoCal NPL League), but has traveled to North Carolina for the National Premier League Finals (Semi-Finalists). While there, they were also invited to play with the UNC Team Camp, learning new skills from the Women's Soccer Team Coaches while having an amazing time bonding with each other in the dorms and on the fields.

This team has demonstrated a high degree of loyalty to each other and to the values that Coach Esteban has taught them. They believe in being tough and working hard on and off the field, at school and with their families, and keeping complaints to themselves and sharing a positive and supportive attitude across the board. They have self-discipline and are dedicated to taking on extra practices and fundraising endeavors, and are always working to improve mentally and physically. The girls are focused and strong, prioritizing soccer alongside academics, family and community, communicating their needs to each other and making sure no one falls



through the cracks. They are relentless, work hard and never give up, resilient and balanced physically and emotionally, and don't overreact to agitation, maintaining a strong and positive presence in the midst of turbulence.

FC Golden State GU14 girls have learned not only from the consistent leadership of their Coach, but also from the parents who attend practices and games, how to be noble in their endeavors, supporting the team and it's mission, and placing the good of the team ahead of personal gain or recognition. This team doesn't squabble over time on the field or who had a more challenging game; they are caring and selfless, cheering each other on and supporting other teams, demonstrating gratitude for their opportunities and never taking for granted what they've been given and what they've achieved. Watching these girls on the field and off is a lesson in humility. They praise and encourage each other no matter how well each player is playing that particular game.

Coach Esteban listens to the girls and mentors them with a kind spirit and encouraging attitude, recognizing their individual strengths and working with any areas of challenge. He is an incredible role model, demonstrating

the importance of family, being accountable and honest while maintaining a contagious smile that helps keep the team remembering why they're there to have fun and be an equal member of a team. Even as new players have joined the team recently, the girls have welcomed them in, providing support for their new team members without any competition or hierarchy. The parents encourage the team to work hard and have grown closer over the past few years. Coach Esteban helps the girls understand good nutrition, utilizing stretching and yoga to avoid injuries, and has guest college soccer players come out and speak to the team about what has helped them to succeed. This team is ready for another successful year! ⚽





# LA PREMIER FC

A Premier FC GU16 team is heading into their second season in Coast Soccer League Premier Division, with new faces, new tactics, and most important, a new coach. Since 2010, the girls have faced many challenges. Of course there are always injuries and players who leave, which all teams find themselves dealing with, but this group of girls went through the challenge of conforming to the play of three different coaches within five years. Despite this, the girls have grown stronger as a unit with each coach, adding new players along the way, and increasing their level of play.

Some of these girls have played together since this team was first created in 2010. They started out playing in bronze as a GU10 team, and in their first season allowed zero goals scored against them and even reached the semi-finals at State Cup. These results proved to be the beginning of something great. From bronze, the girls moved up the latter and even ran past silver along the way; straight into silver elite in 2011. At this level, the girls won the JUSA Kick Off tournament showing that their success in bronze was not by chance. With that tournament win, the team made their name known to those they would play against in gold in 2012. In March of that year, the girls won the Manchester United Tournament and later in the year won the Irvine Cup demonstrating that one tournament win was just not enough. In the summer of 2013 the team fought hard to win the Albion National Soccer Showcase and by doing so, earned themselves a spot in premier that year as well as this 2014 season.

With new coach, Lauryn Pehanich, the girls plan to start the season off right and to improve with every game. Coach Pehanich was a four-year starter



for Cal State Fullerton from 2003-2006. During this time she was a three-time All-Big West selection, the first Fullerton player to be named the Big West Tournament MVP, and finished her career ranked seventh on the school's points list. In 2008 she played in Germany in the 2nd Bundesliga for FC Guetersloh 2000. Upon returning she finished her four years of assistant coaching at Fullerton and moved on to be the head coach of the University of La Verne where she continues to coach.

John Wooden once said, "A player who makes a team great is more valuable than a great player. Losing yourself in the group, for the good of the group, that's teamwork." Each addition to the team, benefits the team as a whole. There is not only one great player that makes up the team. It is the merging of every player's contribution that makes this team who they are. They give themselves over to the beautiful game we all play and to their teammates in order to achieve what they desire: to win. ⚽



# OCEANSIDE BREAKERS

The Oceanside Breakers G00(GU14) Black, are extremely excited to debut in the Coast Soccer League Premier division. They've competed with the best teams around and have earned the right to play at this level. The team has an assortment of greatly talented players, including an Olympic Development Regional Player plus several others on the team that could easily be selected for the regional team.

The team is very driven and motivated to continue to play at the best level of competition. They become the second girl's team in the club to join the CSL Premier division following the footsteps of the Breakers G99 Black. They've been preparing for years; a core of players have been playing together on this team since U8's and along the way the team has added some



great players to complete a strong roster.

The team has competed over the last several years in the Presidio League and San Diego Developmental Academy. Winning in those leagues pointed to the obvious choice to move to Coast Soccer League. The girls have prepared well in the Pre-Season, competing in the California Regional League and winning several tournaments including the Albion Cup National Soccer Showcase.

In the postseason, the team plans on adding a few more top-level players to prepare for Nationals and the following season. Please visit our club website for details about tryouts at [oceansidebreakers.org](http://oceansidebreakers.org). The team's overall success can also be attributed to the great group of families that have combined to make this a special team. ⚽



# CARLSBAD ELITE

## Tale of Two Experiences!

The final whistle blows and the sound is followed by screams of joy and exhilaration. The Carlsbad Lightning Elite G98 won their first ever state title by becoming the Southern California National Premier League (SCNPL) GU14 Champions in the league's inaugural year in 2013.

After years of watching other Elite teams capture state and regional titles, the moment was finally theirs and they were going to soak it all in.

Southern California is known for having the highest quality of soccer competition, year after year producing some of the nation's top soccer teams in their respected age groups. Feeling the pride of being #1 in the SCNPL, the girls were confident they were going to come home with a national title. However inexperience would soon give way and the girls dreams of hoisting the trophy were met with bitter disappointment. The Carlsbad Elite did not even make it out of their group during the 2013 NPL Championship Cup.

As the girls huddled together for one last meeting before they took the long plane ride home from Colorado, they looked up at the NPL sign that read "Welcome to the Next Level of Experience". Humbled and sobered by the moment, the girls realized there is more to winning a national championship than just being a champion from California. It takes focus, commitment, hard work and a whole lot of sweat and tears. Right then, in the moment of disappoint underneath that sign, the Carlsbad Elite G98 made a commitment to each other to do whatever they could to come back in 2014.

With a renewed focus, a humbled attitude and a strong determination, the Carlsbad Elite GU15 put their cleats on and began the work. The girls faced better competition by competing for their first time in CSL premier bracket, accomplishing their goal by finishing in the top five. Continuing to improve, the girls were CSL League Cup finalist followed by a first place finish in the Surf Thanksgiving Cup (Silver). During the high school break, fueled by a determination and desire to repeat as SCNPL champions each player made a personal commitment to each other to work hard and get individually better while away. Improved is exactly what they did! After high school break the girls not only had a respectable performance in the Las Vegas Player's Showcase turning some heads, they made it to the round of 16 in National Cup for the first time in five years. Most importantly the Elite G98 won the SCNPL for the second straight year, earning them a second chance at a bid for national championship.



A lot happened after winning the SCNPL. Carlsbad Lightning merged with Carlsbad Wave to form Carlsbad United FC. A few new players were added to continue to strengthen the team as well as a new coach. Despite all the changes, the girls who experienced the disappointment in the past were determined to rewrite their future. Finally, the time arrived for the NPL Finals held in Greensboro,

NC. As the players passed the old familiar sign, this time they were ready to take their game to the next level.

Having drawn the #5 ranked NJ team, #1 ranked NH team and the #2 ranked UT team, the Elite girls had no choice but to elevate their game if they wanted a different result than last year. The team went undefeated to win their group with a 1-0 victory against Seacoast United, 3-0 win over Forza FC and a

very tough battle against Jersey United Spartans in a 3-2 victory. After winning the semi's over a strong Northwestern United team 2-0, the Elite girls were on their way to the finals and a chance to win their first national championship. Their opponent, Tualatin Hills United SC, proved why they were last year's NPL National Champions. While the Carlsbad girls found themselves 0-0 at halftime, Tualatin wasted no time capitalizing on the Elite girls mistakes to take the national title for the second year in a row with a 3-0 victory. Even though the Carlsbad Elite G98 lost in the finals, the players were very proud of their second place finish. For the girls who experienced the disappointment of last year, coming in second place in the nation was pure redemption.

The future looks bright in 2014-15 for the Carlsbad Elite G98. The team will continue to work hard and draw from their past experiences to help them have top finishes in both CRL and CSL Premier. ⚽



# SELECT CITIES AVALANCHE

Select Cities Soccer Club is an organization with a big heart, dedicated to “Making a Small Town Club Go Big.” It consists of 9 teams that play with humility and dedication, focusing on the game that makes it all worth it. With Select Cities, players are taught much more than just soccer.



and the girls going into battle together has only led to trust and respect.

The team’s leadership begins with Jose Leon, Founder of Select Cities Soccer Club. It is augmented by our assistant coaching staff, Nicci Ayala and Michael Chin, as well as the players and families. These coaches have demonstrated unparalleled commitment to the player’s health

Select Cities Avalanche 98 is committed to demonstrating excellent sportsmanship, representing the Southern California area with extreme athleticism and citizenship. The team has been together for several years and includes a roster of incredible student-athletes. Since the beginning, leaders of the club have acted upon their strong vision with sound judgment.

and well-being. It is always about the girls. In return, the coaches demand the players investment in the systems developed specifically for the team. This partnership between the coaches and players has proved to be the back bone of the club since inception. It has allowed us to obtain the team’s goal of participating in the Premier League today. Avalanche 98 is the second Premier League team of the Select Cities Soccer Club. The Avalanche 95 squad provides the girls with role models and additional exposure to the benefits of the Premier League.

Since forming a team in 2007, Avalanche 98 has shared in many successes as it methodically climbed the Coast Soccer League ladder. Bronze Champions in 2008, we continued to advance level to level and ultimately landed in the Premier League by winning the Gold division in 2013. The team’s history of adversity and failures has only strengthened the bonds between the players, and increased the team’s ability to succeed. Mistakes often lead to the most productive learning experiences,

Avalanche 98 has a very strong roster of student athletes. The team’s average GPA is over a 4.0, and many girls were honored with Student Scholar Achievement Awards during the 2013-2014 academic year. This was,

and still is, an important achievement for the club as it illustrates the desire to develop young ladies that will be successful in pursuits on and off the field.

Through hard work, dedication and superior leadership, the success of this team shall continue to grow with vigor. “Ability may get you to the top, but it takes character to keep you there.” – John Wooden. Go Avalanche! ⚽



# NOTTS FOREST F.C.

**N**otts Forest FC BU15 Red is led by Coach Erik Anderson and is excited to be playing their first year in the CSL Premier League. Having previously played in both Presidio Premier and Southern California Developmental Soccer League, the team looks forward to the challenges of playing against top flight competition in the CSL Premier League.



NFFC BU15 draws players from all over San Diego County and is very diverse with players comprised of more than nine different nationalities. Coach Andersen knows what it takes to be successful having previously won National Cup with a team that sent a majority of its players on to collegiate soccer.

The players have a very tight bond and have developed a strong work ethic and commitment to each other. Coach Andersen's training and direction has increased the players understanding of the game and belief in themselves. He has worked to develop players who can perform at multiple positions at any time allowing the flexibility to shift players and change game strategies. All of this has been instrumental in the team's steady progression and their successful run in top flight tournaments over the last 12 months. They were Final-

ists in Surf Cup Thanksgiving, Champions of the Nomads Spring Showcase, Quarter-finalists at National Cup, Semi-finalists at Albion Cup and Champions of the West Coast Futbol Classic. In Surf Cup they beat the #15 ranked team in the nation and tied the #18 ranked team.

The team looks to continue to play in high ranked tournaments both locally and nationally giving them great experience and exposure. The team is always hungry to learn and get better. Week after week their goal is to continue to develop both personally and as a team.

Coach Andersen along with Notts Forest DOC David Banks' goal is to produce soccer players and young men who are prepared for college opportunities whether or not they involve soccer. A strong emphasis is placed on academics and our players understand the importance of good grades which has resulted in much success in the classroom.

The Notts Forest Club is proud of them for their many accomplishments and for being role models for the rest of the Club. Notts Forest FC BU15 Red looks to continue its success in 2014 in the CSL Premier League and beyond. ⚽



# CONCUSSIONS

Once, as a youth keeper following a hard player-to-player challenge, my coach told me to shake off the “ding” and get back in goal. At least, I’m told that happened; I don’t actually remember.

Traumatic brain injury (TBI) is caused by a bump, blow, jolt, or penetrating trauma to the head that disrupts the normal function of the brain and is a serious public health problem in the United States. From 2001 to 2009, the number of annual TBI-related emergency department visits increased significantly, from 153,375 to 248,418, with the highest rates among males aged 10-19 years. However, most non-penetrating TBI does not require an ED visit. In 2010, approximately 2.5 million TBIs occurred either as an isolated injury or along with other injuries. Each year, traumatic brain injuries contribute to a substantial number of deaths and cases of permanent disability. Extensive injury reporting and research has led to a much better understanding about the symptoms and long-term complications from TBI in children. Proper recognition and response can help prevent further injury or even death.

## What is a Concussion?

Concussions are a form of TBI that can range from mild, with quick and full recovery, to severe, with signs and symptoms lasting for months to years. Most con-



cussions occur without loss of consciousness, but all concussions should be considered serious injuries. There are thought to be three mechanisms of injury that occur: the direct acceleration of the brain from the initial blow; the indirect deceleration of the brain impacting the side of the skull opposite that of the impact; and the rotational force or torque on the brain imparted by the blow. Young athletes are at increased risk for TBIs with increased severity and prolonged recovery duration because their brains are still developing and may be more susceptible to the combined effects of these three forces.

Concussions can happen in any sport, but occur more frequently in some. A review of 2008-2010 data from the National High School Sports-Related Injury Surveillance System showed that football had the highest rate of concussions per 10,000 athlete exposures. Rounding out the top ten were boys’ ice hockey, boys’ lacrosse, girls’ soccer, girls’ lacrosse, girls’ basketball, boys’ soccer, boys’ wrestling, girls’ field hockey, and boys’ basketball. In soccer, the activity most frequently associated with concussion for boys and girls was heading the ball, either as a result of player-player contact (most common, and more in boys than girls), player-ball contact (more commonly in girls than boys) or player-playing surface contact (also more commonly in girls than boys). In soccer, protective headgear has been shown to provide mild

**TABLE 1. CONCUSSION SIGNS AND SYMPTOMS**

Physical	Cognitive	Behavioral	Sleep
Moves clumsily	Loss of consciousness	Moody	Drowsy
Headache or “pressure” in head	Confused about assignment or position	Feels “down”	Sleeps more than usual
Nausea or vomiting	Forgets an instruction	Irritable	Sleeps less than usual
Balance problems or dizziness	Unsure of game, score, or opponent (disorientation)	Sad	Difficulty falling asleep
Double or blurry vision	Answers questions slowly (poor concentration)	Emotional	
Sensitivity to light or noise	Loss of memory prior to or after hit or fall	Nervous	
Fatigue	Feels sluggish, hazy, foggy, or groggy		
Dazed or stunned			

Source: Halstead ME, Walter KD. Sport-Related Concussion in Children and Adolescents. *Pediatrics* 2010;126(3): 597-615.

protection in head-to-head collisions and against soft-tissue injuries such as cuts, bruises, and scrapes, but not from heading the ball. At this time, there is insufficient data to support any universal use of headgear in soccer.

## Evaluation

Once the immediate first aid issues are addressed, an assessment of the concussive injury should be made using the Sport Concussion Assessment Tool 3 (SCAT3), Child-SCAT3, or other sideline assessment tools. SCAT3 is a standardized tool for evaluating injured athletes for concussion and can be used in athletes aged from 13 years and older. A modified version of this tool is the ChildSCAT3 that is appropriate for children aged from 5 to 12 years. The tool is designed for use by a medical professional and helps to identify if a player has a concussion. It is best used when compared against a pre-season/pre-injury baseline.

Although most signs and symptoms appear rapidly after injury and resolve spontaneously, some may evolve over time or present subtly long after the initial event. These signs and symptoms are typically due to a functional disturbance of brain function, rather than a structural injury, and standard structural neuroimaging studies like CT or MRI are not typically necessary for mild concussions.

Loss of consciousness is less frequent (less than 10% of concussions) but is an important sign that may prompt further imaging and intervention, especially if lasting longer than 30 seconds. Other signs and symptoms that should prompt immediate medical evaluation include severe headache, seizures, neurologic findings that are limited to one limb or body area, significant sleepiness or difficulty being awakened, slurred speech, repeated vomiting, violent behavior change, or severe disorientation.

## Concussion Management

Concussion scales are no longer recommended for use as it is widely acknowledged that each player responds differently and at their own pace to physical and cognitive rest.

## Physical Rest

All sports-related physical activity should be stopped until the athlete is asymptomatic at rest, including weight training, cardio, and PE classes. A healing brain has increased energy requirements, and restricting physical activity maximizes the amount of energy available for the brain to recover. Also, by restricting leisure activities that could result in a second concussion such as bike riding or skateboarding, the possibility of Second-Impact Syndrome is minimized. Second-Impact Syndrome occurs when a second head injury is sustained before the first has completely resolved. This rare condition results in brain blood vessel congestion and can progress to brain swelling and death. It is uncommon,

but all reported cases are in athletes younger than 20 years of age.

## Cognitive Rest

Following a concussion, many student athletes will report difficulty with schoolwork, taking tests, and keeping up with assignments, especially in subjects like math and science. Reading, even for fun, commonly worsens symptoms. Cognitive rest is designed to minimize activities that require high levels of concentration and attention and allow for continued recovery. During the school year, it is critical to work with teachers and school staff to develop an appropriate rest and reintegration plan and also to emphasize the message that cognitive and behavioral deficits may persist long after the student appears to be physically recovered.

The range of allowed activities may be fluid during the initial period of cognitive rest as the student will be hitting physical limits. Allowance for more time to complete assignments, reducing workload, shortening of the school day, and even an outright leave of absence from school may be considered. Standardized test taking should be deferred until recovery is complete as any such exam taken during this period of rest and reintegration may not be reflective of true ability.

The restriction on activities that require concentration and attention should not just be applied to schoolwork. Playing video games, using a smartphone or computer, and watching television should be discouraged. Other restrictions depend on the symptoms and are fairly common sense. If loud sounds cause headaches, don't listen to loud music or wear headphones. If bright lights cause pain, wear sunglasses. If reaction times are slow, don't drive. Players with depression, anxiety, and attention-deficit disorders may have symptoms that are worsened by a concussion and make them more difficult to control.

## Return to Play

Under no circumstances should youth athletes with concussion return to play on the same day of their concussion. In general, no athlete should return to sports until all symptoms have completely resolved. About 25% of athletes are symptom-free within the first week, and 75% are at their baseline by three weeks. However, this means that 25% of athletes with concussions may take more than one month for resolution of symptoms.

The current recommendation is to use a symptom-based approach for determination of return to play.

Continued medication use (such as ibuprofen for pain) to control concussion symptoms indicates incomplete recovery. Before considering a return to play, any medications used to reduce symptoms must be stopped and the athlete must remain symptom-free off medication. Progression from one stage to the next is dependent upon whether or not that stage of activity causes recurrence of any sign or symptom that was associated with the concussion.

**TABLE 2. REST AND RETURN TO PLAY**

Rehabilitation Stage	Functional Exercise at Each Stage of Rehabilitation	Objective of Each Stage
1. No activity	Symptom limited physical and cognitive rest	Recovery
2. Light aerobic exercise	Walking, swimming or stationary cycling keeping intensity <70% maximum permitted heart rate No resistance training	Increase HR
3. Sport-specific exercise	Skating drills in ice hockey, running drills in soccer. No head impact activities	Add movement
4. Non-contact training drills	Progression to more complex training drills, eg, passing drills in football and ice hockey May start progressive resistance training	Exercise, coordination and cognitive load
5. Full-contact practice	Following medical clearance participate in normal training activities	Restore confidence and assess functional skills by coaching staff
6. Return to play	Normal game play	

Source: McCrory P, Meeuwisse W, Aubrey M, et al. Consensus statement on concussion in sport: the 4th International Conference on Concussion in Sport held in Zurich, November 2012. *Br J Sports Med* 2013;47:250-258.

There is increasing evidence that multiple concussions have cumulative adverse effects on brain function. Athletes with a history of two or more concussions who did not have a concussion in the previous six months performed similarly on neuropsychological testing as athletes without any previous concussion who suffered a one within the previous week. Athletes with two or more concussions also have statistically significant lower GPA than non-concussed peers. A prolonged leave for sports participation should strongly be considered for any athlete with 3 or more concussions in an individual season or with more than 3 months of persistent symptoms.

### Summary

In case of concussion:

1. Remove from play immediately
2. Have the player evaluated by someone experienced in concussion evaluation
3. Provide physical and cognitive rest
4. Return to full play when no longer having symptoms after a progressive rehabilitation.

To paraphrase Taylor Swift, because the “players wanna play, play, play,” as parents and coaches, our duty is ensure that an immediate initial concussion evaluation is done properly, and is then followed by an athlete-specific return to play plan, and that players are not encouraged to “shake it off, shake it off.” ⚽

### Resources

1. CDC Heads Up: Concussion in Youth Sports initiative: <http://www.cdc.gov/concussion/HeadsUp/youth.html>
2. Sport Concussion Assessment Tool 3 (SCAT3)

[http://download.lww.com/wolterskluwer\\_vitalstream\\_com/PermaLink/JSM/A/JSM\\_23\\_2\\_2013\\_02\\_14\\_MCCRORYY\\_200872\\_SDC2.pdf](http://download.lww.com/wolterskluwer_vitalstream_com/PermaLink/JSM/A/JSM_23_2_2013_02_14_MCCRORYY_200872_SDC2.pdf)

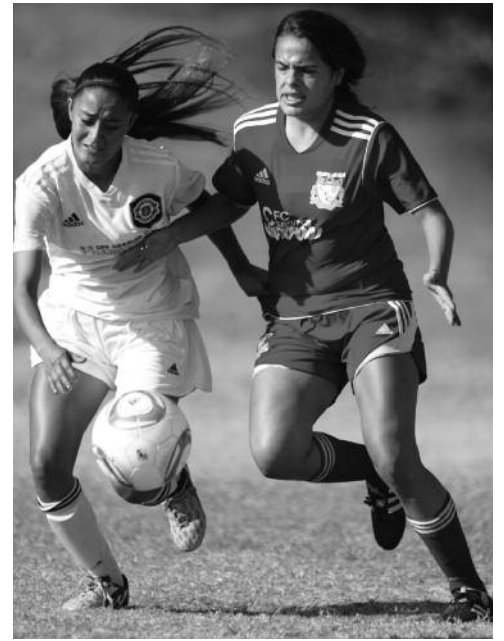
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1. Centers for Disease Control and Prevention. Nonfatal Traumatic Brain Injuries Related to Sports and Recreation Activities Among Persons Aged ≤19 Years --- United States, 2001—2009. *Morbidity and Mortality Weekly Report*. October 7, 2011 / 60(39); 1337-1342. Available at [http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6039a1.htm?s\\_cid=mm6039a1\\_w](http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6039a1.htm?s_cid=mm6039a1_w). Accessed on 29 September 2014.
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3. Marar M, McIlvain NM, Fields SK, Comstock RD. Epidemiology of Concussions Among United States High School Athletes in 20 Sports. *Am J Sports Med* 2012; 40(4): 747-755. Available at <http://ajs.sagepub.com/content/40/4/747.full>. Accessed on 29 September 2014.
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## FIELD SCHEDULES SATURDAY, OCTOBER 4, 2014

### UCI FIELD 1

8:00 AM	23912	TFA BARCA I.E.	FC MAN UNITED G97	GIRLS U17 PREMIER
9:55 AM	19857	CUSC 99 BLUE	FC MAN UNITED B99 RED	BOYS U15 PREMIER
11:35 AM	19792	FRAM - LAWSON	FULLERTON RANGERS WHITE	BOYS U15 PREMIER
1:15 PM	17990	NOTT'S FOREST FC BU14	OLIMPIA SC	BOYS U14 PREMIER
3:00 PM	22362	NOTT'S FOREST FC GU16	FRAM - GIDNEY	GIRLS U16 PREMIER
4:40 PM	19821	NOTT'S FOREST FC BU15	FC DEPORTIVO PANTERAS	BOYS U15 PREMIER

### UCI FIELD 2

8:00 AM	23209	DOWNEY FC - AQUILES	OXNARD WAVE SC	BOYS U17 PREMIER
9:45 AM	18957	CARLSBAD ELITE G00	FC GOLDEN STATE G00	GIRLS U14 PREMIER
11:30 AM	21601	FC GOLDEN STATE PREMIER98	BYSC CORONA UNITED B98	BOYS U16 PREMIER
1:15 PM	25068	SIMI VALLEY ECLIPSE	CARLSBAD ELITE G96	GIRLS U19 PREMIER
3:00 PM	22354	SELECTCITIESAVALANCHE98	CARLSBAD ELITE G98	GIRLS U16 PREMIER
4:40 PM	20800	FC GOLDEN STATE	IE SURF G99 PREMIER TS	GIRLS U15 PREMIER

### UCI FIELD 3

8:00 AM	19781	CELTIC HIBS	FC GOLDEN STATE GOLD	BOYS U15 PREMIER
9:45 AM	22345	BYSC CORONA UNITED G98	IE SURF G98 PREMIER TS	GIRLS U16 PREMIER
11:30 AM	20811	ALBION SC WHITE	GRANADA UNITED FC G99	GIRLS U15 PREMIER
1:15 PM	21528	BREAKERS B98 BLACK	SANTA BARBARA B16 ACADEMY	BOYS U16 PREMIER
3:00 PM	18000	FRAM - ZICO	AC BREA B00	BOYS U14 PREMIER
4:40 PM	21592	ALBION OC WHITE B98	LA PREMIER FC WHITE	BOYS U16 PREMIER

### UCI FIELD 4

8:00 AM	19854	CORINTHIANS SC B99	OXNARD PAL	BOYS U15 PREMIER
9:40 AM	18048	IE SURF B00 ACADEMY DM	LA PREMIER FC	BOYS U14 PREMIER
11:20 AM	18941	FULLERTON RANGERS BLUE	EAGLES WHITE	GIRLS U14 PREMIER
1:00 PM	22398	OXNARD WAVE	GREATER LB SPEED DEMONS	GIRLS U16 PREMIER
2:45 PM	21597	OXNARD PAL	CUSC BLUE 98	BOYS U16 PREMIER
4:30 PM	19850	VALLEY UNITED	FC GOLDEN STATE B99	BOYS U15 PREMIER

### UCI FIELD 5

8:00 AM	23883	NHB BLACK	ALBION SC USA	GIRLS U17 PREMIER
10:00 AM	23354	FC DEPORTIVO IMPERIO	SAN DIEGO FA BU97	BOYS U17 SES
NOON	21539	FC HEAT BOYS 98-99PREMIER	CFC UNTOUCHABLES BLACK	BOYS U16 PREMIER
1:45 PM	25109	OC PREMIER G96 ORANGE	LA PREMIER FC	GIRLS U19 PREMIER
3:45 PM	25076	DOWNEY FC G96	FREEDOM FC G96 GOLD	GIRLS U19 PREMIER
4:30 PM	20762	GREATER LB FURY	ALBION SC WHITE	GIRLS U15 PREMIER



## FIELD SCHEDULES SUNDAY, OCTOBER 5, 2014

### UCI FIELD 1

8:00 AM	18001	AC BREA B00	NOTT'S FOREST FC BU14	BOYS U14 PREMIER
9:40 AM	18056	OXNARD PAL AC	TFA L.A. BARCA	BOYS U14 PREMIER
11:20 AM	19802	ALBION SC WHITE	OLIMPIA SC 99	BOYS U15 PREMIER
1:00 PM	21605	FREEDOM FC B98	FC GOLDEN STATE PREMIER98	BOYS U16 PREMIER
2:45 PM	18049	LA PREMIER FC	CARLSBAD ELITE B00	BOYS U14 PREMIER
4:20 PM	18053	FULLERTONRANGERS B00WHITE	IE SURF B00 ACADEMY DM	BOYS U14 PREMIER

### UCI FIELD 2

8:00 AM	25111	VENTURA FC	WOLFPACK G96	GIRLS U19 PREMIER
10:00 AM	25104	SANTA MONICA UTD G96	OC PREMIER G96 ORANGE	GIRLS U19 PREMIER
NOON	24425	RIVERSIDE FC CHIVAS	SANTA MONICA UTD B96 BLUE	BOYS U19 PREMIER
2:00 PM	23919	WOLFPACK G97	IE SURF G97 PREMIER RS	GIRLS U17 PREMIER
4:00 PM	25108	LA PREMIER FC	ALBION OC WHITE G96	GIRLS U19 PREMIER

### UCI FIELD 3

8:00 AM	21602	BYSC CORONA UNITED B98	OXNARD PAL	BOYS U16 PREMIER
9:40 AM	19853	FC MAN UNITED B99 RED	CORINTHIANS SC B99	BOYS U15 PREMIER
11:20 AM	22403	ALBION SC WHITE	IE SURF G98 PREMIER JS	GIRLS U16 PREMIER
1:00 PM	20805	TFA BARCA I.E.	FC GOLDEN STATE	GIRLS U15 PREMIER
2:40 PM	21540	CFC UNTOUCHABLES BLACK	SANTA BARBARA B16 ACADEMY	BOYS U16 PREMIER
4:20 PM	17991	OLIMPIA SC	CELTIC HARPS	BOYS U14 PREMIER

### UCI FIELD 4

8:00 AM	23140	VALLEY UNITED-MIER	LA PREMIER FC	BOYS U17 PREMIER
10:00 AM	23916	UIFC CERRITOS LIVERPOOL	SOUTH VALLEY G97-CARTER	GIRLS U17 PREMIER
NOON	24428	SANTA MONICA UTD B96	FULLERTON RANGERS WHITE	BOYS U19 PREMIER
2:00 PM	23843	CARLSBAD ELITE G97	LA PREMIER FC	GIRLS U17 PREMIER
4:00 PM	24375	CORINTHIANS SC B96	ALBION SC WHITE SOUTH	BOYS U19 PREMIER

### UCI FIELD 5

8:00 AM	21569	UIFC SAN LORENZO	CA PREMIER CAPO FC BLUE	BOYS U16 PREMIER
9:45 AM	24433	FC GOLDEN STATE WHITE	OC PREMIER B96 BLACK	BOYS U19 PREMIER
11:45 AM	21529	BREAKERS B98 BLACK	LA PREMIER FC WHITE	BOYS U16 PREMIER
1:45 PM	23180	IE SURF B97 ACADEMY DM	AUTOBAHN SC B97 RED	BOYS U17 PREMIER
3:45 PM	22395	LA PREMIER FC	ALBION OC WHITE G98	GIRLS U16 PREMIER

# PREMIER STANDINGS

STANDINGS AS OF SEPTEMBER 29, 2014

BUI4 TEAM	W	L	T	PTS	GF	GA	AC
1 CARLSBAD ELITE B00	4	1	1	13	14	5	6
2 AC BREA B00	4	0	0	12	11	1	0
3 TFA L.A. BARCA	3	0	3	12	11	5	4
4 FRAM - ZICO	3	2	0	9	9	7	3
5 NOTT'S FOREST FC BU14	2	1	2	8	9	5	0
6 LA PREMIER FC	2	1	1	7	6	4	1
7 FULLERTONRANGERS B00WHITE	1	0	4	7	5	3	2
7 IE SURF B00 ACADEMY DM	2	2	1	7	5	8	1
9 EMPIRE SC B00 ORANGE	1	3	2	5	4	8	7
10 ALBION SC WHITE	1	3	1	4	4	7	3
11 OXNARD PAL AC	1	4	0	3	4	12	3
12 CELTIC HARPS	0	3	3	3	6	11	2
13 OLIMPIA SC	0	4	0	0	1	13	6

BUI5 TEAM	W	L	T	PTS	GF	GA	AC
1 FULLERTON RANGERS WHITE	5	0	1	16	15	4	4
2 FC GOLDEN STATE GOLD	4	1	1	13	13	6	7
3 FRAM - LAWSON	4	2	0	12	10	8	6
3 FC DEPORTIVO PANTERAS	4	2	0	12	14	9	10
5 CELTIC HIBS	3	0	2	11	7	3	2
6 NOTT'S FOREST FC BU15	3	1	1	10	11	5	7
7 OLIMPIA SC 99	2	2	2	8	8	8	8
8 VALLEY UNITED	2	3	1	7	10	13	17
9 CORINTHIANS SC B99	2	3	0	6	6	8	13
10 CUSC 99 BLUE	2	4	0	6	6	10	7
10 OXNARD PAL	2	4	0	6	9	14	7
12 FC MAN UNITED B99 RED	0	1	4	4	5	6	9
13 ALBION SC WHITE	1	5	0	3	6	13	15
14 FC GOLDEN STATE B99	0	6	0	0	3	16	2

BUI6 TEAM	W	L	T	PTS	GF	GA	AC
1 FC GOLDEN STATE PREMIER98	4	1	0	12	13	4	12
1 CUSC BLUE 98	4	1	0	12	9	6	8
3 FC HEAT BOYS 98-99PREMIER	3	1	1	10	7	6	9
3 ALBION SC WHITE	3	1	1	10	10	7	1
5 BYSC CORONA UNITED B98	3	2	0	9	7	4	4
6 SANTA BARBARA B16 ACADEMY	2	1	2	8	4	4	3
7 BREAKERS B98 BLACK	2	2	0	6	3	3	3
8 CA PREMIER CAPO FC BLUE	2	3	0	6	6	7	7
8 OXNARD PAL	1	1	3	6	7	7	8
10 LA PREMIER FC WHITE	1	2	2	5	6	7	3
11 UIFC SAN LORENZO	1	2	1	4	5	9	8
12 ALBION OC WHITE B98	0	2	3	3	3	6	8
12 CFC UNTOUCHABLES BLACK	1	4	0	3	4	7	3
14 FREEDOM FC B98	0	4	1	1	3	10	9

BUI7 TEAM	W	L	T	PTS	GF	GA	AC
1 FULLERTON RANGERS WHITE	6	0	0	18	14	2	4
2 DOWNEY FC - AQUILES	5	1	0	15	19	10	10
3 DMS11 ACADEMY	4	1	1	13	15	4	7
3 SANTA BARBARA SC B17WHITE	4	1	1	13	19	7	5
5 HG EAGLES SC	4	2	0	11	9	8	21
6 CFC UNTOUCHABLES BLACK	3	2	1	10	12	12	10
7 IE SURF B97 ACADEMY DM	2	2	2	8	9	17	15
8 LA PREMIER FC	2	3	1	7	11	16	13
9 CARLSBAD ELITE B97	2	4	0	6	7	9	4
10 OXNARD WAVE SC	1	3	2	5	9	14	16
11 FC GOLDEN STATE BLACK	1	4	1	4	8	11	13
11 FC GOLDEN STATE PREMIER	1	4	1	4	8	14	4
13 AUTOBAHN SC B97 RED	0	4	2	2	6	11	11
13 VALLEY UNITED-MIER	0	4	2	2	2	13	11

BUI9 TEAM	W	L	T	PTS	GF	GA	AC
1 SANTA MONICA UTD B96 BLUE	4	0	2	14	12	5	5
2 FC GOLDEN STATE DIAMOND	4	0	1	13	13	8	3
3 CORINTHIANS SC B96	3	2	0	9	13	6	5
4 ALBION SC WHITE SOUTH	2	1	3	9	6	4	13
5 FULLERTON RANGERS WHITE	2	1	2	8	9	6	10
6 SANTA BARBARA SC B19WHITE	2	2	1	7	9	14	8
7 FC GOLDEN STATE WHITE	1	0	3	6	9	3	15
8 RIVERSIDE FC CHIVAS	1	3	1	4	10	10	10
8 CARLSBAD ELITE B96	1	3	1	4	4	13	6
10 OC PREMIER B96 BLACK	1	4	0	3	9	14	6
10 SANTA MONICA UTD B96	1	4	0	3	7	15	6
12 ALBION SC WHITE	0	2	2	2	8	11	6

GUI4 TEAM	W	L	T	PTS	GF	GA	AC
1 BREAKERS G00 BLACK	3	0	3	12	8	2	1
2 LA PREMIER FC	2	1	3	9	10	9	3
3 FULLERTON RANGERS BLUE	1	0	5	8	4	3	5
3 ALBION SC WHITE	1	0	5	8	7	6	1
3 FC GOLDEN STATE G00	2	2	2	8	12	8	1
6 CARLSBAD ELITE G00	1	2	3	6	7	5	2
6 EAGLES WHITE	1	2	3	6	5	7	0
8 SAN DIEGO FA GU00A	0	4	2	2	1	14	3

GUI5 TEAM	W	L	T	PTS	GF	GA	AC
1 CORINTHIANS SC G99	5	0	1	16	13	4	7
2 CARLSBAD ELITE G99	4	0	1	13	20	2	1
3 FRAM - AGUINALDO	4	1	0	12	10	7	3
4 IE SURF G99 PREMIER TS	3	0	1	10	11	3	4
5 REBELS SC G15 GOLD	3	2	1	10	9	7	1
5 ALBION SC WHITE	3	2	1	10	12	8	0
7 LA PREMIER FC	2	1	1	7	4	2	1
8 GREATER LB FURY	2	3	1	7	12	15	1
9 CROWN CITY UNITED G15	1	1	3	6	6	6	1
10 GRANADA UNITED FC G99	1	3	1	4	4	11	1
11 TFA BARCA I.E.	1	4	0	3	1	11	2
11 FC GOLDEN STATE	1	4	0	3	6	12	3
13 ALBION OC WHITE G99	0	4	1	1	2	8	0
14 BREAKERS G99 BLACK	0	5	0	0	6	20	1

GUI6 TEAM	W	L	T	PTS	GF	GA	AC
1 ALBION OC WHITE G98	5	0	0	15	14	2	1
2 CARLSBAD ELITE G98	3	1	1	10	9	5	4
2 NOTT'S FOREST FC GU16	3	1	1	10	7	5	5
4 ALBION SC WHITE	3	2	0	9	7	4	1
5 SELECTCITIESAVALANCHE98	2	1	2	8	8	2	0
6 LA PREMIER FC	2	3	0	6	5	7	4
7 IE SURF G98 PREMIER JS	1	2	2	5	4	6	4
7 FRAM - GIDNEY	1	2	2	5	6	7	4
7 BYSC CORONA UNITED G98	1	2	2	5	2	8	2
10 OXNARD WAVE	1	3	1	4	3	8	4
10 IE SURF G98 PREMIER TS	1	3	1	4	3	11	2
12 GREATER LB SPEED DEMONS	0	3	2	2	2	5	5

GUI7 TEAM	W	L	T	PTS	GF	GA	AC
1 CARLSBAD ELITE G97	5	0	1	16	17	2	1
2 ALBION SC USA	5	1	0	15	14	2	0
2 SOUTH VALLEY G97-CARTER	5	1	0	15	17	4	0
4 LA PREMIER FC	4	2	0	12	11	5	2
5 NHB BLACK	3	1	1	10	10	9	7
6 UIFC CERRITOS LIVERPOOL	3	2	1	10	13	11	0
7 FRAM - BOSWELL	3	3	0	9	11	12	4
8 IE SURF G97 PREMIER RS	2	4	0	6	11	9	1
8 WOLFPACK G97	1	2	3	6	5	10	4
10 FC MAN UNITED G97	1	3	2	5	5	10	11
10 LA PREMIER FC BLACK	1	3	2	5	7	12	2
12 TFA BARCA I.E.	1	4	1	4	7	11	1
12 CORINTHIANS SC G97	1	4	1	4	3	19	10
14 SAN DIEGO UTD 97-98 BLACK	0	5	0	0	1	16	0

GUI9 TEAM	W	L	T	PTS	GF	GA	AC
1 FC GOLDEN STATE-PREMIER	3	0	2	11	13	4	12
2 LA PREMIER FC	3	1	0	9	9	4	3
3 WOLFPACK G96	2	1	2	8	4	3	2
4 CARLSBAD ELITE G96	2	0	1	7	10	1	0
5 SIMI VALLEY ECLIPSE	2	1	1	7	9	5	0
5 DOWNEY FC G96	2	1	1	7	7	5	4
5 ALBION SC WHITE	2	1	1	7	5	5	0
8 OC PREMIER G96 ORANGE	1	2	1	4	3	6	3
9 VENTURA FC	1	3	0	3	7	12	1
9 FREEDOM FC G96 GOLD	1	3	0	3	3	12	1
11 SANTA MONICA UTD G96	0	3	2	2	1	10	1
12 ALBION OC WHITE G96	0	3	1	1	2	6	1



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